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Let's show the Born approximation of eq. 201.1 in the lecture notes using the same logic used for the Rutherford scattering.

a Start from equation 190.2 (specialized for $1 \rightarrow 1$ scattering and $Z = 1$) and show that, for $\vec{p}' \neq \vec{p}$ the first perturbative contribution is:

$$\langle \vec{p}' | i T | \vec{p} \rangle \simeq -i \int_{-\infty}^{+\infty} dt e^{i(E_{p'} - E_p)t} \langle \vec{p}' | \hat{H}_I | \vec{p} \rangle_0$$

ignoring the "slightly imaginary" time component here

ATTENTION, this is not the interaction picture operator of eq. 201.1, but the Schrödinger picture operator.

b

Now, considering: $\hat{H}_I = \int d^3x \hat{\Psi} \hat{\Psi} V(\vec{x})$

potential (classical object, it's a function not an operator)

show that, in the non-relativistic limit:

$$\langle \vec{p}' | i T | \vec{p} \rangle \simeq -i \tilde{V}(\vec{p}' - \vec{p}) (2\pi) \delta(E_{p'} - E_p) (2m \delta^{s'+} \delta^s)$$

spins of the outgoing and incoming fermions, respectively

this extra part (in relation to 201.1) is due to the relativistic normalization we use here.